



GOLDEN AGERS

Celebrating Seniors, Enjoying Life & Laughter



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Daylight Savings Time (DST)

I hate the time change stuff! First done for seven months during WWI in the interest of adding more daylight hours to conserve energy, it is, in my opinion, a royal pain! A common myth is that farmers were the reason, but they have been one of the strongest lobbying groups against it as it causes them to lose an hour in getting their crops harvested & to market in time. It also is a disaster to sleep cycles for kids and animals and makes some of us leave work after dark.

Only two U.S. states, Arizona & Hawaii, don't observe DST at all, refusing to roll their clocks forward & backward every year. Arizona is so hot & sunny that the additional hour of daylight meant energy consumption would soar so as to keep living spaces cool for that extra hour. In 1967, Hawaii determined that the state didn't need to disrupt its schedules to account for changes in daylight. Their proximity to the equator means it gets enough sunlight throughout the day, regardless of the time of year.

What would happen if we get rid of the switching? The most notable downside

of year-round DST would come in the winter, when many areas would not see the sun rise until long after most people are out of bed and off to work or school. For example, the sunrise in eastern Pennsylvania would be after 8 am from late November until the middle of February.

Hmm...still might be worth it.

Now for the important stuff.

The Week of November 3-9 is:

- National Book Awards Week
- Polar Bear Week

Some celebrations only last a day:

3rd- Sandwich Day

Public Television Day

National Housewife's Day

4th- Fill Our Staplers Day

National Chicken Lady Day

National Candy Day

Easy-Bake Oven Day

Use Your Common Sense Day

5th- Election Day

Firewood Day

National Donut Day

Play Monopoly day

Wiggle Jiggle Jell-O Day

Weekly Giggles

- 6th-** National Basketball Day
National Nachos Day
National Saxophone Day
- 7th-** Men Make Dinner Day
International Merlot Day
Bittersweet Chocolate Day
Notary Public Day
- 8th-** Dunce Day
Domino Day
National Cappuccino Day
Shakespeare Mystery Day
World Town Planning Day
X-Ray Day
- 9th-** World Adoption Day
World Freedom Day

Have a great week & call me if you need a ride to church.

Serving Him & Loving it!

Carol 😊

803-359-2470 or 803-360-7137

Luke 7:23 ~ "Blessed are those who are not offended by me."



And just like that, they are ONE!

- My friend has trained her wild 5th grade class to respond to “hear ye, hear ye” with “all hail the queen” followed by silence. I’m both appalled & impressed.
- Shoutout to everyone who can still remember their childhood phone number but you can’t remember the password they created yesterday. You are my people!
- The first 5 days after the weekend are the hardest.
- Having a weird mom builds character.
- There’s a skinny girl who lives inside of me that’s trying to get out, but I can usually shut her up with cookies.
- When I get the urge to clean house I lie down until it passes.
- Normal is just a setting on the washing machine.
- Life was a lot simpler when we could play a friendly game of Red Rover and just clothesline the people we don’t like.
- Be brave enough every day to suck at something new.
- Pro tip: if you fill a pinata with ketchup, you never have to host a children’s birthday party again.
- Coffee first reached Europe in 1515. Martin Luther sparked the Reformation in 1517. Beware a caffeinated pastor.