



Golden Agers Rock!

CELEBRATING SENIORS MAKING THE BEST OF THE REST OF THEIR LIVES

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November? Seriously?

How is it possible that November can already be here? If you're new to this wacky newsletter, I should tell you the rules. There are none. I get a list of made-up "celebrations" off of the Internet and I usually research one to see how it got started.

This month is more difficult than some. I mean, I understand the need for "Banana Pudding Lovers Month". Who doesn't love nanner puddin'? And if you're going to adopt a pet and you're not good at long-term commitments, then "Adopt a Turkey" month is for you, since it will be over in less than 4 weeks. But November seems to have more than it's share of "things that made me go hmmm...." For example:

What's up with "Sweet Potato Awareness Month"? Are there really people who are not aware that sweet potatoes exist? No, it turns out it's just a promotional gimmick from the U.S. Sweet Potato Council (who knew **that** existed?)

What is "Give Up Your Shoulds Day"? Well, for one day you are invited to give up a certain "should" that leads to stress or guilt in your life. Like "I should clean the house." or "I should go to the gym." or "I should stop eating the leftover Halloween candy." Ok, that one's not bad.

And what am I supposed to do on National Brush Day? Brush my hair? Clean out my paint brushes? Buy new make-up brushes? Brush my teeth? Ding, ding, ding. Yep, that's it. But, then, shouldn't EVERY day be brush your teeth day?

How do we celebrate "Cinnamon Day"? Put cinnamon in our coffee? Go to Cinnabon for a snack? Or is it finally time for me to pull that last pack of Ms. Sharon's cinnamon buns out of the freezer? 🙄

I have to say I'm a little excited about "Men Make Dinner Day". My hubby is a great cook and is always willing to step up & cook.

This month's list makes me want to eat some nachos, play outside, play Monopoly, and pull out my old Easy Bake Oven & bake some tiny cupcakes. What about you?

Now on to "important" stuff...

November is:

- Adopt a Turkey Month
- Banana Pudding Lovers Month
- Family Stories Month
- No Shave November
- Georgia Pecan Month
- Gratitude Month
- Peanut Butter Lovers Month
- Pomegranate Month
- Picture Book Month
- Sweet Potato Awareness Month

The First week of November is:

- National Fig Week
- World Karaoke Championships

Some fun only lasts a day.

- 1st-** Author's Day
Cinnamon Day
Give Up Your Shoulds Day
National Brush Day
National Calzone Day
Deep Fried Clams Day
Forgiveness Day
- 2nd-** Cookie Monster's Birthday
- 3rd-** Cliché Day
SOS Day
- 4th-** Chicken Lady Day
National Candy Day
Easy-Bake Oven Day
Men Make Dinner Day

- 5th-** Firewood Day
Fountain Pen Day
Love Your Red Hair Day
Play Monopoly Day

- 6th-** Bison Day
Button Day
National Nachos Day
Play Outside Day
Pumpkin Destruction Day
Sausage & Kraut Day
Saxophone Day

- 7th-** International Merlot Day
Notary Public Day
Bittersweet Chocolate Day

Have a great week & call if you need anything!

Serving Him & Loving it!

Carol 😊

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WEEKLY GIGGLE

