



# Golden Agers Rock!

CELEBRATING SENIORS MAKING THE BEST OF THE REST OF THEIR LIVES

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## Happy New Year!!

I have 20 minutes left in my work day and then I won't be in the office until January 3, 2023!! 2023? Can you believe it? Let's see how creative I can get.

### Ok, now on to important stuff!

#### January is:

- Dried Plum Digestive Month
- Get Organized Month
- Brain Teaser Month
- Creativity Month
- Black Diamond Month
- Be Kind to Food Servers Month
- Cheesy Sock Month
- Hot Tea Month
- Polka Music Month
- Skating Month
- Soup Month
- Oatmeal Month
- World Introvert Month

#### January 1-7 is:

- Diet Resolution Week
- Silent Record Week
- Someday We'll Laugh About This Week

#### Some Celebrations only last a day:

- 1st-** Polar Bear Plunge
- World Day of Peace
- Bloody Mary Day

- 2nd-** Happy Mew Year for Cats Day
- National Buffet Day
- National Cream Puff Day
- Science Fiction Day
- World Introvert Day
- National Science Fiction Day
- Get a Personal Trainer Day
- 3rd-** Drinking Straw Day
- Chocolate Covered Cherry Day
- 4th-** Pop Music Chart Day
- National Trivia Day
- National Spaghetti Day
- 5th-** National Bird Day
- Monopoly Game Day
- Whipped Cream Day
- 6th-** National Cuddle Up Day
- Epiphany Day
- National Shortbread Day
- Three Kings Day
- National Technology Day
- 7th-** National Play Outside Day
- Old Rock Day
- National Tempura Day
- National Bobblehead Day

Have a great week & call me if you need anything!

*Serving Him & Loving it!*

Carol 🥰

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# THINGS TO PONDER

- Faith is the ability to not panic.
- If you worry, you didn't pray. If you pray, don't worry.
- As a child of God, prayer is kind of like calling home every day.
- Blessed are the flexible, for they shall not be bent out of shape.
- When we get tangled up in our problems, be still. God wants us to be still so He can untangle the knot.
- Do the math. Count your blessings.
- God wants spiritual fruit, not religious nuts.
- Dear God: I have a problem. It's me.
- Silence is often misinterpreted, but never misquoted.
- Laugh every day. It's like inner juggling.
- The most important things in your home are the people.
- Growing old is inevitable, growing up is optional.
- There is no key to happiness. The door is always open.
- A grudge is a heavy thing to carry.
- He who dies with the most toys is still dead.
- We do not remember days—only moments. Life moves too fast, so enjoy your precious moments.
- Nothing is real to you until you experience it. Otherwise it's just hearsay.
- It's all right to sit on your pity pot every now and again. Just be sure to flush when you are done.
- Surviving and living your life successfully requires courage. The goals and dreams you're seeking require courage and risk-taking. Learn from the turtle—it only makes progress when it sticks out its neck.
- Be more concerned with your character than your reputation. Your character is what you really are while your reputation is merely what other **think** you are.